



ST VINCENT'S HOSPITAL MELBOURNE BREASTFEEDING ROOM

St Vincent's Hospital Melbourne has a dedicated breastfeeding room that is available to all staff who require a private space to breastfeed or express breast milk.

The following is a guide for staff wishing to use the breastfeeding room facility.

1. Request access to the room through the security office. They will record your details and enable access through your hospital swipe card (please allow at least one hour for the system to update and your swipe card to work).
2. The room is located on Level 2, Building A, Fitzroy campus. Exit the lifts on Level 2 and walk through the door to 'Pathology Specimen A28 Reception'.



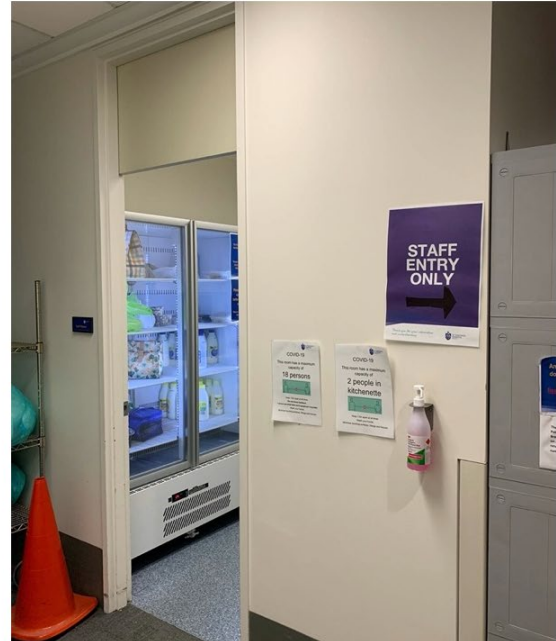
3. Turn left as you walk past the doorway and walk down the corridor towards the cytogenetics staff room.



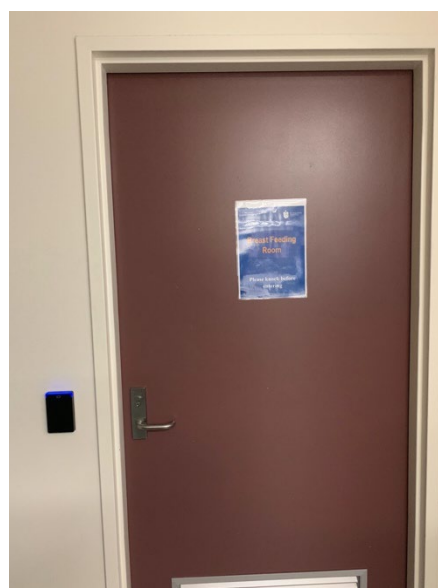
ST VINCENT'S
HOSPITAL

MELBOURNE

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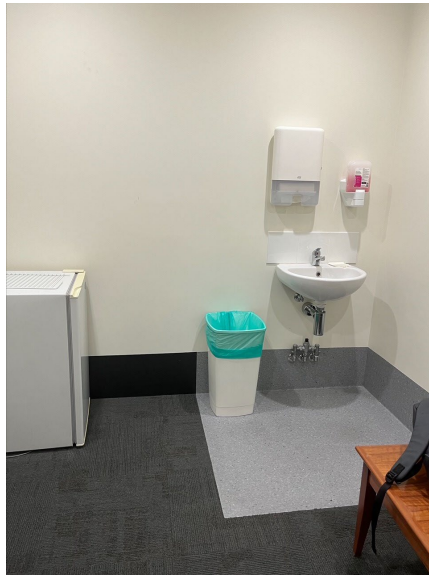


4. You can enter the staff room through the door at the end of the corridor, or by turning left and entering through the kitchen area.





5. The breastfeeding room can be found in the far corner of the room, the door is labelled 'Breast Feeding Room'. Entry is via your swipe card, please knock before entering.
6. The room contains a couch, coffee table, sink, paper towels, hand wash, a fridge and a bin.



The room can be accessed 24 hours a day, seven days a week and is cleaned regularly by the Environmental Services team.

We would encourage you to seek out a mentor or peer in your unit to support you in your return-to-work routines. Please also share your insights about the breastfeeding room with your colleagues. We want to promote a safe and supportive environment for staff wishing to breastfeed and express milk in the workplace.

If you have any questions, concerns, or suggestions about the room, please email Associate Professor Nicola Cunningham at nicola.cunningham@svha.org.au, and Ms Sue Mabilia at susan.mabilia@svha.org.au.